

WHAT IS MRI?

Magnetic Resonance Imaging (MRI) is an advanced medical imaging technique that provides unparalleled views inside the body to aid the early discovery and treatment of many conditions and diseases.

MRI combines a strong magnetic field, radio waves and a computer to produce high-resolution, cross-sectional images of internal organs and tissues. The exam is painless, non-invasive and free of radiation. MRI's ability to distinguish differences in tissue composition has made it the modality of choice in imaging the central nervous system and a variety of soft tissue structures.

At WIS, our high-field short and long bore scanners and spacious imaging suites make for a fast and comfortable MRI experience. We also offer an open MRI to accommodate larger individuals (up to 500 pounds), claustrophobic or special needs patients.

Be assured that throughout your exam, our skilled and compassionate staff and technologists will be dedicated to your care, comfort and safety.

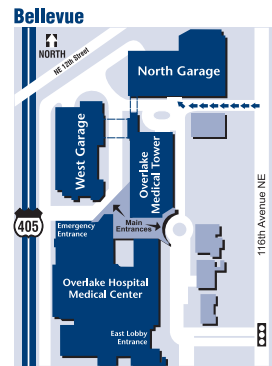


Special imaging coils, such as the one on this patient's wrist, are frequently used to enhance image quality.

HOW TO FIND US

WIS in Bellevue

Overlake Medical Tower
1135 116th Ave. N.E.
Suite 260
Bellevue, WA 98004
425.688.0100



Southbound

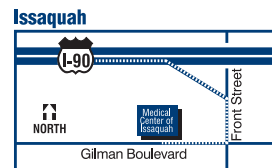
Exit I-405 at N.E. 8th St., eastbound. Merge to the left lane and turn left (north) at the first stoplight onto 116th Ave. N.E. Turn left into the Overlake Hospital campus. Park in the North Garage and proceed to the Overlake Medical Tower.

Northbound

Exit I-405 at N.E. 4th St. Turn right on N.E. 4th St. and turn left on 116th Ave. Turn left into the Overlake Hospital campus. Park in the North Garage and proceed to the Overlake Medical Tower.

WIS in Issaquah

Medical Center of Issaquah
450 N.W. Gilman Blvd.
Suite 105
Issaquah, WA 98027
425.688.0100



Eastbound

Take the I-90 exit #17 and merge south onto Front St. Turn right on Gilman Blvd. Turn right into the Medical Center.

Westbound

Take the I-90 exit #17. Turn left onto Front St. Turn right on Gilman Blvd. Turn right into the Medical Center.



www.washingtonimaging.com

MRI

IT STARTS WITH A QUESTION



Because your doctor needs more information about your condition to guide your care, you have been referred to Washington Imaging Services for a diagnostic exam.

You are in good hands.

We make your comfort and safety the focus of our concern. Our technologists specialize in using today's most advanced imaging equipment. They efficiently and caringly capture the detailed anatomical images needed for accurate diagnosis and treatment planning.

Then, one of our board certified radiologists with subspecialty training will interpret your exam and promptly report the results—giving you and your doctor a clearer, more accurate picture of your health.

MAGNETIC RESONANCE IMAGING



IMAGING FOR ANSWERS

THE NEED TO KNOW MORE

We understand that diagnostic tests and the reasons for having them may make you feel anxious. This brochure will help answer some of the most frequently asked questions about having an MRI exam.

If you need additional help or information, please call us at **425.688.0100**.

You will also find detailed information on our website at **www.washingtonimaging.com**.



WASHINGTON IMAGING SERVICES, LLC

How is the exam performed?

The technologist will position you on a cushioned table and may place a device called a coil around the part of your body to be imaged. The table will slide into the center of the donut shaped scanner. During imaging, the scanner will make loud tapping or knocking noises. It is important to remain as still as possible to capture clear images. To help you relax, we offer eye pads, pillows, ear plugs and music headphones. You can bring your own music CD or pick from our wide assortment. An intercom system lets you speak with the technologist anytime during the exam.

What should I wear?

Please leave all your valuables at home. Wear comfortable clothing without metal zippers, snaps, buttons or metallic threads. Sweat suits and pajamas are good choices, or we can give you scrubs to wear.

Any metal object or item that contains metal cannot be with you during the exam, since it may cause interference with the magnetic field generated by the MRI system. A lockable storage space will be provided where you will need to leave metal-containing items such as hair pins, jewelry, body piercing posts, watch, eyeglasses, keys, coins, credit cards, cell phone, hearing aids and any removable dental work. Avoid wearing eye shadow as it may contain metal.

When should I arrive and how long will the exam take?

Please arrive 15 minutes before your appointment time to register. Be sure to bring your insurance information. Completing the patient forms in advance (found on our website) will save time. Allow between 60 to 90 minutes for your MRI exam. If multiple parts of your body are being studied, your exam may take longer.

How should I prepare for my MRI?

Usually no special preparation is required for an MRI. You may eat normally and take your medications as usual, unless you have been instructed otherwise by your doctor or our scheduler.

If you are having a scan of your abdomen or pelvis, do not eat food or drink liquids 4 hours prior to your exam. For an MRI of the chest or heart, do not have coffee, tea, nicotine or any other stimulants 4 hours prior to your test.

If you are claustrophobic, please notify us when scheduling your exam. An oral sedative may be administered if ordered in advance by your doctor. If this is the case, you will need to have someone drive you home after the exam.

Is there anyone who can't have an MRI scan?

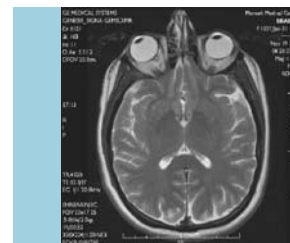
Yes. Due to the strength of the magnetic fields used, certain conditions may prevent some patients from being scanned. For your safety, please check with your physician or inform us if you've had brain, ear, eye or other recent surgeries, or if any of the following apply to you:

- Cardiac pacemaker
- Defibrillator
- Heart valves
- Cochlear implant
- Neurostimulator
- Aneurysm clips
- Cardiac stents
- Copper-7 IUD
- Shrapnel, bullet or other metal fragments
- Metal clips, pins, rods, surgical steel
- Prosthesis or artificial limbs
- Braces or dentures
- Surgery on area being examined
- Pregnant or chance of being pregnant
- Extreme claustrophobia

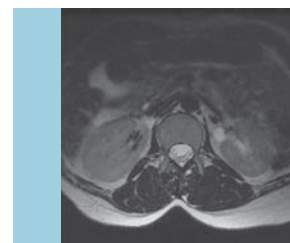
Not all of the above are contraindications for an MRI scan. We will work with you to determine your suitability for the exam.

When will my results be available?

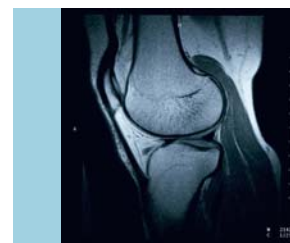
A board certified radiologists will interpret your MRI and send your referring physician a written report and pictures detailing the findings of your exam within 24 hours. You should contact your doctor to discuss the results.



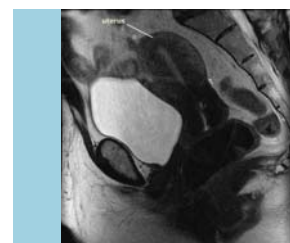
Our high-field MRI scanners provide detailed images of the structures of the skull and the brain within. This permits our subspecialty trained neuroradiologists to detect any abnormality that may be present.



MRI produces clear images of the kidneys and other internal organs without any radiation exposure.



Today's MRI technology combined with WIS's skilled orthopedic radiologists can identify damage and defects in the knee (shown), hip, elbow, shoulder and all other boney areas to provide your clinician with the information needed to treat your condition.



Our musculoskeletal radiologists offer expert interpretation of MRI scans of the pelvis (shown), abdomen, chest and spine.

Save Time—Complete Your Patient Forms in Advance

For your convenience, the required patient forms are available on our website at www.washingtonimaging.com. Under the Scheduling Information tab, click on Patient Forms. Print out and complete the Patient Registration and History forms and bring them with you to your appointment.

You have an appointment scheduled for:

Date: _____

Time: _____ AM _____ PM

- Location:
- Bellevue Suite 260
1135 116th Ave. N.E.
Bellevue, WA
 - Issaquah Suite 105
450 N.W. Gilman Blvd.
Issaquah, WA

Please arrive 15 minutes prior to your exam to register.

Professional radiology interpretations are provided by Overlake Imaging Associates, P.C., a separate entity. Cover photo of radiologist, Mark Phleger, MD.

Find out more about MRI by visiting our website at: www.washingtonimaging.com